

# Telluride Academy Packing List

## 3 - 4 Overnights w/ Backpacking/Climbing Component

**Packing 101:** Light is Right! Keeping your kids mobile in the field greatly enhances their experience. With nearly 1,000 kids, 20+ vehicles and over 100 programs it is essential to Label EVERYTHING!



### Pack these items for NON OVERNIGHT days in your "Day Pack"

A comfortable backpack that can be carried on short hikes with the following items



A healthy lunch w/ snacks



Water Shoes (no flipflops)



Rain jacket



Bathing suit / surf shorts



Re-usable water bottle



A small camp towel



Rain pants



Sunscreen & Insect



Sun hat / cap / glasses



Warm fleece or synthetic top

### Pack these items for your Backpacking Overnights



A backpacking specific pack. For 3-4 overnights we recommend a 60 Liter pack. Packs should be fitted to your child and be able to carry (inside or outside) a sleeping bag and pad. Hikers should also arrive on trekking days wearing sturdy and comfortable **hiking boots / approach shoes.**



Flashlight / Headlamp



2-3 quick dry T-shirts



Synthetic or down sleeping bag 0-30 degree



Warm hat / gloves



1-2 quick dry pairs of shorts



Sleeping pad



Sun hat / cap / glasses



Changes of underwear and long johns



Sunscreen & Insect Repellent



Warm fleece and down jacket



Rain jacket



Re-usable mess kit



Synthetic warm pants



Rain pants



Small toiletries kit



4-5 pair of (synthetic/wool) socks



2 Re-usable water bottles



Journal / Sketch pad / book

*Support Academy Unplugged...NO ELECTRONIC DEVICES!*

