## **Academy Packing List**



## **Llama Trekking**

Dress for adventure! Show up every day wearing comfortable clothing and the following:



Sun hat / cap / glasses



Sturdy, comfortable hiking shoes



Sunscreen & Insect Repellent



## Pack these items on your first day in your "Day Pack"

Choose a comfortable backpack that can fit the following items:



A healthy lunch w/ snacks



A small camp towel



Closed-toed water shoes (no flip flops)



Re-usable water bottle



Warm fleece jacket



Bathing suit



Rain jacket



Rain pants



Synthetic base layer shirt & pants (Great for warming up and sleeping in)



## Pack these items in your Backpacking pack

Choose a backpacking specific pack. For 3 overnights we recommend a 50-60 Liter pack that is fitted correctly for your child. Llamas will carry some of your child's gear (pads, sleeping bags).



Flashlight / Headlamp



1-2 pair of long pants



Small toiletries kit



Warm hat / gloves



Changes of underwear



Synthetic or down sleeping bag



2 - 3 T-shirts 1 long sleeve



3-4 pair of synthetic socks



Sleeping pad \*



2 pairs of shorts



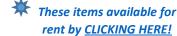
Re-usable mess kit



Journal / Sketch pad / book



These items available for purchase at the Academy welcome desk



**Packing 101:** Light is Right! Keeping your kids mobile in the field greatly enhances their experience. Synthetic materials are best. They pack small, wick moisture, dry fast and are warmer. Cotton gets wet, is heavy and should be avoided if possible. Llama Trekking will re-pack their backpacking packs on Tuesday morning and place some of their gear in the llamas' panniers.

With nearly 1,000 kids, 20+ vehicles and over 100 programs this summer it is essential to **LABEL EVERYTHING!** 



