

CHALLENGE LEVELS

All Academy programs are assigned a Challenge Level. These varying levels of difficulty take into account such factors as types of activities performed, physical demand, number of overnights and distances traveled. These rankings are designed to help you choose an appropriate program for your child. However, we suggest that you contact the Academy for specific information on a particular program.



Level I programs will include activities that will be introductory and designed so that most participants will be comfortable attempting to participate. Programs will include short hikes, arts and crafts and introductory hard skills activities (climbing, boating, etc)



Level II programs are for both beginners and blossoming enthusiasts. These programs will involve activities and experiences that will build on previous skills learned and / or take further the specific techniques of a particular activity. These programs will require more of a willingness to participate than previous experience. Most level II programs will include at least one overnight.



Level III programs will challenge participants and begin to focus on specific skills and techniques. These programs usually require some form of previous experience or comfort level with an activity and will often involve multiple overnights.



Level IV programs are designed for Academy veterans or older participants with a solid background in a particular activity. Many of these programs will spend extensive time traveling and / or in the backcountry.